

**Botume House Visitor Center Exhibits**  
**Middlesex Fells**  
**4 Woodland Road, Stoneham**  
**For info, call 781-662-5214**

**The Botanists**

**September 10<sup>th</sup> to October 21<sup>st</sup>**  
**Sat & Sun, 12:00pm-4:00pm**  
What did people enjoy doing at the turn of the *last* century? The study of plants was considered an acceptable endeavor.

**Second Annual Fells Photo Contest**  
**September 23<sup>rd</sup> - December 21<sup>st</sup>**  
**Mon-Fri, 8:00am-4:00pm & Sat-Sun, 12:00-4:00pm**  
Submit photos for “Fall in the Fells”, taken between the Autumnal Equinox and Winter Solstice. Prizes will be awarded in January.

**The CCC in the Middlesex Fells**  
**November 4<sup>th</sup> - December 10<sup>th</sup>**  
**Sat & Sun, 12:00pm-4:00pm**  
The Civilian Conservation Corps, also known as “Roosevelt’s Tree Army”, was a government-run program that made unfathomable contributions to our public lands during the Great Depression.

**Middlesex Fells Photography Events**  
**Aberjona River Gallery**  
**184 Swanton Street, Winchester**  
**For info, call 781-662-5214**

**Spring in the Fells Photo Exhibit**  
**Sat, Nov. 18<sup>th</sup> - Sun, Jan. 7<sup>th</sup>, 10:00am-5:00pm**  
Our first annual photo show, “Spring in the Fells” appears at the Aberjona Nursing Home.

**Meet the Photographers**  
**Sunday, November 19<sup>th</sup>, 3:00pm-5:00pm**  
Enjoy light refreshments as you get to meet the photographers of “Spring in the Fells”.

**Breakheart- Fells Hiking Club**

Hikes begin at 1pm. The last hike of every month will explore the Middlesex Fells Reservation, and meet at Jerry Jingle Park on Lynn Fells Pkwy., Melrose/Stoneham line. These hikes will be ***DIFFICULT***, and last about 3 hours. All other hikes will meet at the Christopher P. Dunne Visitor Center, 177 Forest Street, off Lynn Fells Pkwy., Saugus. These hikes will be moderate and last about 2 hours. For info, call **617-727-1199, ext. 212**. *Dogs are not permitted.*

**Sunday, September 3<sup>rd</sup>**  
**Ridge Trail, Castle Rock, Fern, Flume**

**Saturday, September 9<sup>th</sup>**  
**Saugus River Trail to Camp Nihan, Fox Run Trail**

**Sunday, September 17<sup>th</sup>**  
**Breakheart Hill, Ash Path, Lake Trails, Fox Run**

**Saturday, September 23<sup>rd</sup>**  
**Middlesex Fells - Meet at Jerry Jingle Park**

**Sunday, October 1<sup>st</sup>**  
**Ridge Trail, Crow Hill, Fern Trail, Jeep Road t**

**Sunday, October 8<sup>th</sup>**  
**Lodge Trail, Fox Run, Beach, Eagle Rock, Lakes**

**Saturday, October 14<sup>th</sup>**  
**Breakheart Hill, Saugus River, Camp Nihan**

**Sunday, October 22<sup>nd</sup>**  
**Ash Path, Ridge Trail to Link, Lakes, Fox Run**

**Sunday, October 29<sup>th</sup>**  
**Middlesex Fells - Meet at Jerry Jingle Park,**

**Saturday, November 4<sup>th</sup>**  
**Ridge Trail, Castle Rock, Pearce Lake**

**Sunday, November 12<sup>th</sup>**  
**Breakheart Hill, Ash Path, Lake Trails, Eagle Rock**

**Saturday, November 18<sup>th</sup>**  
**Saugus River Trail to Camp Nihan, Fox Run Trail**

**Sunday, November 26<sup>rd</sup>**  
**Middlesex Fells - Meet at Jerry Jingle Park**

**Middlesex Fells Trail Days**

**Saturdays, 9:00am**  
**Sept. 9<sup>th</sup> - Sept. 23<sup>rd</sup> - Oct. 14<sup>th</sup> - Oct 28<sup>th</sup> - Nov 11<sup>th</sup>**

Come and be a part of keeping the Middlesex Fells beautiful. Wear clothes that you won’t mind getting dirty, and bring work gloves if you have them. We will supply those who don’t.  
*Pre-registration required.* For info, call **781-662-2340**, or e-mail: [friends@fells.org](mailto:friends@fells.org).

**Story Time at Breakheart**

**Sat., October 14<sup>th</sup> & Sat., November 11<sup>th</sup>, 10:30-11:30am**

Join us for a nature themed story, snack, and craft for pre-school-aged children. **Meet at:** 177 Forest Street, off Lynn Fells Pkwy., Saugus. For info, call **781-233-0834**.

***www.massparks.org***

- [www.fells.org](http://www.fells.org): Friends of the Middlesex Fells
- [www.saugus.org/FOBR](http://www.saugus.org/FOBR): Friends of Breakheart
- [www.saugusriver.org](http://www.saugusriver.org): Saugus River Watershed Council
- [www.friendsofbelleislemarsh.org](http://www.friendsofbelleislemarsh.org): Friends of Belle Isle
- [www.mysticriver.org](http://www.mysticriver.org): Mystic River Watershed Assoc.
- [www.friendsofalewifereservation.org](http://www.friendsofalewifereservation.org): Friends of Alewife
- [www.esplanadeassociation.org](http://www.esplanadeassociation.org): The Esplanade Assoc.
- [www.charlesriverconservancy.org](http://www.charlesriverconservancy.org): Charles Riv. Conservancy

**North Region Headquarters**

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# North Region Fall 2006

**Alewife Brook Reservation**

**Beaver Brook Reservation**

**Belle Isle Marsh**

**Breakheart Reservation**

**Charles River Reservation**

**Constitution Beach**

**Fellsmere Park**

**Lynn Heritage State Park**

**Lynn / Nahant Beach**

**Middlesex Fells Reservation**

**Mystic River Reservation**

**Revere Beach**

**Rumney Marsh Reservation**

**Winthrop Beach**



## September

### It's Your Nature at Breakheart

Tuesdays thru Saturdays, Call for times

Free environmental awareness programs with creative hands-on learning for elementary school classes and non-profit groups. Programs are led by a DCR Park Ranger. **Meet at:** Visitor Center off Lynn Fells Pkwy., Saugus. For info, call Ranger Matt Nash at **781-233-0834**, or e-mail [Matthew.Nash@state.MA.us](mailto:Matthew.Nash@state.MA.us).

### Woodland Stroll at Breakheart

Thursdays, Sept. 7<sup>th</sup> - Oct. 19<sup>th</sup>, 10:00am

Join a DCR Park Ranger on a leisurely walk thru the park. Suitable for all ages, but leave your pets at home. **Meet at:** Visitor Center off Lynn Fells Pkwy., Saugus. For info, call Ranger Matt Nash at **781-233-0834** or e-mail [Matthew.Nash@state.MA.us](mailto:Matthew.Nash@state.MA.us).

### Concerts in the Gazebo at Breakheart *CELTIC JOLLY ROGUES*

Sunday, September 10<sup>th</sup>, 2:00-3:30pm

A Breakheart favorite, but this time singing Irish tunes. Bring blankets or lawn chairs.

*Co-sponsored by the Friends of Breakheart.*

**Meet at:** Visitor Center off Lynn Fells Pkwy., Saugus. For info, call **781-233-0834**, or visit [www.saugus.org/FOBR](http://www.saugus.org/FOBR).

### Moonlight Hike at Breakheart

Wednesday, September 13<sup>th</sup>, 9:00-11:00pm

Join a DCR Park Ranger for a moonlight hike (adults only) with a stop for marshmallow toasting along the way. **Meet at:** Vocational School parking lot, Wakefield. **Pre-registration required.** Contact Ranger Matt Nash at **781-233-0834**, or [Matthew.Nash@state.MA.us](mailto:Matthew.Nash@state.MA.us).

### Native American Hike at Breakheart

Sunday, September 24<sup>th</sup>, 10am-12pm

Come for a hike and learn about how the Native Americans used Breakheart's great resources as we celebrate National Public Lands Day. **Meet at:** Visitor Center off Lynn Fells Pkwy., Saugus. For info, call **617-727-1199**, ext. **204**.

### Canoe Belle Isle Marsh Reservation

Sunday, September 24<sup>th</sup>, 11:00am-1:00pm

Explore Belle Isle Marsh by canoe. Must have canoe experience, be able to swim, and be at least 12 years old. **Pre-registration required.** Call: **617-727-1199**, ext. **212**.



### Hawks of Middlesex Fells

Saturday, September 30<sup>th</sup>, 1:00-4:00pm

Each fall a dozen species of hawks migrate south for winter. During this time they fly past various outlooks, including several in the Fells. Join naturalist and author David Brown for a video followed by a hike up Pinnacle Rock to watch for migrating hawks. *Suggested donation \$10.* **Meet at:** Botume House, 4 Woodland Rd. in Stoneham. For info, call **781-662-5214**.

### Belle Isle 20<sup>th</sup> Anniversary & Harvest Fest

Saturday, Sept. 30<sup>th</sup>, 1:00pm

Come celebrate this local jewel. At 1pm, former Governor Michael Dukakis, who dedicated the park in 1986, will speak at this 20th anniversary re-dedication. At 2pm, the Annual Harvest Fest will begin with live music, hayrides, and children's activities. *Co-sponsored by the Friends of Belle Isle Marsh.* **Meet at:** Belle Isle Marsh parking lot on Bennington St., E. Boston.

### Babes in the Woods

Tuesdays in the Middlesex Fells, 10:00am-11:30am

Come for a walk in the woods of the Middlesex Fells. Infants, toddlers, preschoolers, parents, grandparents, babysitters welcome. We alternate weekly between *strolls* and *hikes*. *Hikes* are on harder terrain than the *strolls*, but neither are strenuous. Bring snacks and dress for the weather. No dogs, please. Rain Cancels. *Co-sponsored by Medford Family Network, North Suburban Family Network, and Friends of the Middlesex Fells.* For more info or to receive a map of meeting places, call Rob at **781-396-8994**.

## October

### Fall Festival at Breakheart

Saturday, October 7<sup>th</sup>, 10:00am-3:00pm

Come to Breakheart for a day of fun. There will be balloon sculptures, pumpkin decorating, food, cider, candy-in-the-hay, stuff-a-scarecrow, and more. A concert by the **Back-woods Ramblers** will also be part of the festivities. *Co-sponsored by the Friends of Breakheart.* **Meet at:** Visitor Center off Lynn Fells Pkwy., Saugus. For info, call **781-233-0834**, or visit [www.saugus.org/FOBR](http://www.saugus.org/FOBR). (Rain date is Sun., October 8<sup>th</sup>.)

### Harvard Botanical Museum

Monday, October 9<sup>th</sup>, 9:00am-1:00pm

In conjunction with the Botanist exhibit, join a guided tour of the Blaschka Glass Flower exhibit in Cambridge, MA. *Cost \$10.* **Meet at:** Botume House, 4 Woodland Rd., Stoneham.

**Pre-registration required.** Call Lynn Hildenbrand at **781-662-5214**.

### Nature Trail Walk

Saturday, October 21<sup>st</sup>, 9:00am

Come for a stroll and learn about the interplay of people and nature in the forest ecosystem of the Middlesex Fells. *Sponsored by Friends of the Middlesex Fells.* **Meet at:** Long Pond parking lot, South Border Rd., Winchester. For info, call Mike Arnott at **781-662-2340**, or e-mail [friends@fells.org](mailto:friends@fells.org).

### Breakheart Haunted Mansion

Friday, Oct. 27<sup>th</sup> & Saturday, Oct. 28<sup>th</sup>, 6:00-9:00pm

Ghoulies and ghosties and things that go bump in the night! Come join us for some fun, while benefiting local schools, and charities. **\$5 admission.** *Co-sponsored by the Friends of Breakheart.* **Meet at:** Visitor Center off Lynn Fells Pkwy., Saugus. For info, call **781-233-0834**, or visit [www.saugus.org/FOBR](http://www.saugus.org/FOBR).

## November

### Middlesex Fells CCC Slideshow & Hike

Thursday, November 2<sup>nd</sup>, 6pm

Ranger Mike will open the CCC exhibit with a presentation about the Civilian Conservation Corps and their contributions to the Fells during the Depression. **Meet at:** Botume House, 4 Woodland Rd., Stoneham. For info, call **617-727-1199**, ext. **204**.



### Practicing Personal Safety

DCR Rangers instruct on various ways to help ensure your safety in DCR parks and other public places. Adults and children welcome. **Saturday, November 18<sup>th</sup>, 11:00am** **Meet at:** Botume House, 4 Woodland Rd., Stoneham.

**Saturday, November 25<sup>th</sup>, 11:00am**

**Meet at:** Breakheart Visitor Center off Lynn Fells Pkwy., Saugus.

### Breakheart Turkey Trot

Sunday, November 19<sup>th</sup>, 10:00am

Free 5K road race with refreshments and a turkey raffle. Difficult, hilly course on paved road. Registration on day of race.

**Meet at:** Visitor Center off Lynn Fells Parkway, Saugus. For info, call **781-233-0834**.

